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Aging with grace: what the nun study teaches us

research project dubbed the Nun Study. According to Snowdon, What the Nun Study Teaches Us About Leading Longer, Healthier and More Meaningful Lives

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Dr. Jill Bjerke, the founder of Aging in Place with Grace is a health care physician with knowledge in many areas that surround aging, downsizing,

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Aging with grace what the nun study teaches us

Aging With Grace What the Nun Study Teaches Us About Leading Longer, and More Meaningful Lives Author: Snowdon, David N.,

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hear Dr. David Snowdon, the author of "Aging with Grace: What the Nun Study Teaches Us About Leading Longer, Healthier and More Meaningful Lives," during an

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About Us. Aging with Grace was created to improve the ability of Churches, Clergy and Lay Leaders to deal more effectively with an Aging Population.

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