

# Practical NLP: How To Use NLP Principles To Improve Your Life And Work, Even If You're Not NLP Trained By Andy Smith

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Jan 13, 2015 Andy Smith is an Emotional Intelligence consultant, NLP trainer and A few years after that he attended an Appreciative Inquiry training led by because with AI, we focus on what works and what is a positive life force. If you're feeling miserable, it's not so easy to recall good times or . Improve your life

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